



## **Welcome to the 11th Annual Okanagan Super Sprints**

**55+ Teams only Sprints on Friday, June 15, 2018**

**all others Saturday, June 16, 2018**

**at the Penticton Paddling Centre, Skaha Lake Park**

Welcome to the 2018 Okanagan Super Sprints – this Friday and Saturday, June 15 & 16 on Skaha Lake.

There are 16 teams for the Sprints on Saturday, and 7 teams racing in our third annual Seniors Sprint Challenge on Friday! This is our eleventh year of holding the Okanagan Super Sprints, and we thank you for your continued support and participation. The 250m sprint format means fierce racing, with little room for error, but the atmosphere is less strict and more laid back. Once again this event is a fundraiser for Muscular Dystrophy Canada. The fundraising focus remains and we are looking to add to the nearly \$30,000 we've raised so far.

We have the same great race format this year which guarantees every team races at least 3 times. Racing starts at 8:30 am (9:00 am on Friday), and should be wrapping up around 1:30 pm – allowing us to hopefully beat any wind that may show up. We will be putting mixed and women's teams together in the first two rounds of racing to give you some better race opportunities. The top crews will meet again in the finals where it will be mixed and women.

### **CHALLENGE RACES!**

After the official racing ends, we have some fun challenge races planned:

#### *BEAUTY VERSUS THE BEAST RACE*

If the men can get themselves organized! Maybe we can put together an "All Star" women's team to challenge the men?

#### *LAST TEAM STANDING CHALLENGE*

Names are drawn at random and teams must win to advance, until the last team is standing..... Details attached.

We still have the best prizes EVER for first place!

I'm sure we've all got our fair share of ribbons, so we are offering prizes that won't languish in a drawer somewhere. Thanks to a couple of local wineries and a local brew pub, we have beautiful wine for the overall winners of our Mixed & Women's divisions on Saturday; and beer for the winners of our "Last Team Standing". The Friday Senior Sprint Challenge will offer many local draw prizes awarded randomly to paddlers.

## **STEERPERSON'S MEETINGS**

Friday at 8:30 am; Saturday at 8:00 am in front of the Boathouse.

In the event that wind or weather is forecast, we will do our best to get all the races done. This may mean racing ahead of schedule. Stay close, keep in contact with race volunteers, and everything will run smoothly.

## **TENT SET UP**

Please remember that Skaha Park does not allow tent spikes. We recommend you secure your tent with weights or sandbags. Tent set up is anytime on Friday morning. There will be NO security overnight so you will need to take your tent down Friday night.

## **FRIDAY 55+ TEAM PARTY**

The Penticton Golden Dragons are hosting a party for the 55+ teams registered on Friday. Join us at the Barley Mill Brew Pub at 4:30 pm on Friday, June 15. There will be burgers, beer and awards! Please RSVP to [mmarchal@shaw.ca](mailto:mmarchal@shaw.ca) by Wednesday, June 13<sup>th</sup> if your team plans to attend.

## **PLEDGE DRIVE IN SUPPORT OF MUSCULAR DYSTROPHY CANADA**

Some of you may have done some fundraising in honour of Penticton Coach Brad Crittenden. We'll have volunteers on hand to help with collection during registration. More information attached, or visit the event website.

And if you need motivation to do a good thing, how about

**TOP FUNDRAISING TEAM WINS FREE ENTRY TO NEXT YEAR'S SPRINTS!**

Thanks for joining us. We'll see you on the water.

Don Mulhall | Race Director  
Okanagan Super Sprints  
[www.pentictondragonboat.com](http://www.pentictondragonboat.com)



## **“Last Team Standing” Challenge Race Description**

### **What is this race about?**

Teams can sign up for this special race, which will be run (time and weather permitting) after the final official race of the day. All entered teams' names will be drawn AT RANDOM determining who races, and when. The first two team names drawn will race the 250 m course. The winning team returns to the start line, the losing team goes to shore. The next team drawn proceeds to the start line. These two teams race, and again the winner goes back to the start line and the loser goes to shore.

Editorial note: Depending on how the drawing of teams goes, the fastest team could be drawn first, and would have to race (and win against) all comers to be declared winner. Or, the slowest team could be picked last, and manage to beat the strongest team, who may be tired out after multiple back to back races.

### **What are the rules?**

Two teams racing head to head. No timers, just finish line judges who will indicate who wins and who goes to shore. Depending on the number of teams entered, race officials may set a time limit between race starts to ensure teams move promptly to the start. ie. every ten minutes a race is started, whether the teams are there or not. Rolling starts will not be allowed. Late arriving teams will be held on the line before being allowed to start. Winning teams can come to shore to exchange paddlers, but they must do so safely and within the time allotted.

Once the first two teams have been loaded and are proceeding to the start, the third team name will be drawn, and that team will begin loading in order to be ready for the next start time. This will continue, with subsequent teams being drawn as soon as a boat becomes available. Teams must be ready to load immediately upon being notified.

### **Cost**

All proceeds from this race will be donated to Muscular Dystrophy in the name of the winning team, which might be enough to qualify the team as the highest fundraiser. Possibly earning the team Free Entry into next year's sprints race. A minimum donation of \$50 is requested, but teams are welcome to donate as much as they want based on how confident they are in winning against all comers.

### **Prizes**

If six or more teams enter, the highest placing team will be eligible for locally-brewed prizes donated by some of our excellent sponsors! Otherwise all that beer goes to the Race Director!

### **Bragging Rights**

Teams entered in this race earn bragging rights for being brave enough to step up and race 'em all, right down to the Last Team Standing.

**OKANAGAN SUPER SPRINTS  
JUNE 16<sup>TH</sup>, PENTICTON, B.C.  
ANNUAL FUNDRAISER FOR MUSCULAR DYSTROPHY**



**FIVE WAYS TO WIN - BESIDES IN YOUR BOAT!!!**

- 1. The team that donates the most cash** in their team donation jar will win a free entry into next year's sprint festival!!
- 2. In your jar are 22 tickets.** Each member of your team can take one of the pair of tickets , and place one half in the draw bucket at the muscular dystrophy table. **One ticket will be drawn for a prize!**
- 3. There will be a 50/50 draw** run by some muscular dystrophy chapter members : tickets are 1 for \$2.00 or 3 for \$5.00
- 4. And,,, for a suggested donation** of \$5.00, you can get three tickets to put in for a number of prizes,: restaurant certificates, whole foods basket, fitness passes, yoga passes. Beer, and other great items!!
- 5. Lastly, there will be a silent auction item** at the muscular dystrophy table. This is a "pink the rink" **anti bullying pink Vees jersey' signed by the Penticton Vees team!!!**

**ALL DRAWS WILL TAKE PLACE AT NOON, AND THE TICKETS OR NUMBERS WILL BE POSTED. YOU NEED TO BE PRESENT TO WIN.  
SILENT AUCTION WILL ALSO CLOSE AT NOON.**

**IT TAKES 17 MUSCLES TO MOVE YOUR PADDLE IN YOUR BOAT  
DON'T TAKE YOUR MUSCLES FOR GRANTED**

**Bring your loonies and toonies!!! Thank you for your support.  
THE MEMBERS OF YOUR LOCAL MUSCULAR DYSTROPHY CHAPTER**