



## **Welcome to the 12th Annual Okanagan Super Sprints**

**55+ Teams only Sprints on Friday, June 14, 2019**

**all others Saturday, June 15, 2019**

**at the Penticton Paddling Centre, Skaha Lake Park**

Welcome to the 2019 Okanagan Super Sprints – this Friday and Saturday, June 14 & 15 on Skaha Lake.

There are 18 teams for the Sprints on Saturday, and 8 teams racing in our fourth annual Seniors Sprint Challenge on Friday! This is our twelfth year of holding the Okanagan Super Sprints, and we thank you for your continued support and participation. The 250m sprint format means fierce racing, with little room for error, but the atmosphere is less strict and more laid back. Once again this event is a fundraiser for Muscular Dystrophy Canada. The fundraising focus remains and we are looking to add to the nearly \$34,000 we've raised so far.

We have the same great race format this year which guarantees every team races at least 3 times. Racing starts at 8:30 am (9:00 am on Friday), and should be wrapping up around 1:30 pm – allowing us to hopefully beat any wind that may show up. We will be putting mixed and women's teams together in the first two rounds of racing to give you some better race opportunities. The top crews will meet again in the finals where it will be mixed and women.

### **CHALLENGE RACE!**

After the official racing ends, we've got a Brand New race division:

#### *THE FIRST EVER MENS A FINAL!!*

If the men can get themselves organized! We're going to try for 3 men's teams in a Final to be held immediately after the Women's A Final. All men, from all teams, are encouraged to take part. We ask that all paddlers start gathering at the beach immediately following the Mixed A Final (Approx. 12:45 pm).

### **PRIZES FOR TOP TEAMS**

We still have the best prizes EVER for first place!

I'm sure we've all got our fair share of ribbons, so we are offering prizes that won't languish in a drawer somewhere. Thanks to a couple of local wineries and a local brew pub, we have beautiful wine for the overall winners of our Mixed & Women's divisions on Saturday; and beer for the winners of our "Men's A Final". The Friday Senior Sprint Challenge will offer many local draw prizes awarded randomly to paddlers.

## **STEERPERSON'S MEETINGS**

Friday at 8:30 am; Saturday at 8:00 am in front of the Boathouse.

In the event that wind or weather is forecast, we will do our best to get all the races done. This may mean racing ahead of schedule. Stay close, keep in contact with race volunteers, and everything will run smoothly.

## **TENT SET UP**

Please remember that Skaha Park does not allow tent spikes. We recommend you secure your tent with weights or sandbags. Tent set up is anytime on Friday morning. There will be NO security overnight so you will need to take your tent down Friday night.

## **FRIDAY 55+ TEAM PARTY**

The Penticton Golden Dragons are hosting a party for the 55+ teams registered on Friday. Join us at the Barley Mill Brew Pub at 4:30 pm on Friday, June 14. There will be burgers, beer and awards! Please RSVP to Harvey Quamme at [quamme54@telus.net](mailto:quamme54@telus.net) or by phone (250 493-7323) by Wednesday, June 12<sup>th</sup> if your team plans to attend.

## **PLEDGE DRIVE IN SUPPORT OF MUSCULAR DYSTROPHY CANADA**

Some of you may have done some fundraising in honour of Penticton Coach Brad Crittenden. We'll have volunteers on hand to help with collection during registration. More information attached, or visit the event website.

And if you need motivation to do a good thing, how about

**TOP FUNDRAISING TEAM WINS FREE ENTRY TO NEXT YEAR'S SPRINTS!**

Thanks for joining us. We'll see you on the water.

Don Mulhall | Race Director

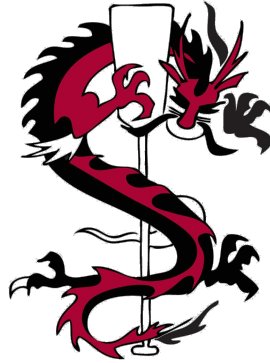
Okanagan Super Sprints

[www.pentictondragonboat.com](http://www.pentictondragonboat.com)

# **MUSCULAR DYSTROPHY FUNDRAISER**

**SATURDAY, JUNE 15<sup>TH</sup>**

**Okanagan Super Sprints Dragon Boat Festival !!**



## **ONCE YOU HAVE PICKED UP YOUR TEAM DONATION JAR:**

- **Hand out a playing card to each member of your team and have them put half in the jar at the muscular dystrophy table in order to enter a free prize draw**
- **Check out the prizes for our donation raffle: 3 tickets for a suggested donation of \$5.00. Great prizes to be won. Winning tickets will be posted after lunch at the table**
- **Watch for our 50/50 bucket: 1 ticket for \$2.00, 3 tickets for \$5.00**
- **Hand in your donation canister at the end of the day. The team that donates the most wins free entry into next year's sprint festival**

**All funds raised will go towards equipment, and services for those people in our area who are affected with a neuromuscular disorder.**

**Thank you for your support**

**South Okanagan Chapter for Muscular Dystrophy**